

Lisa Jaremka
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PROFESSIONAL INFORMATION

EMPLOYMENT AND EDUCATION

The University of Delaware

Department of Psychological and Brain Sciences
Assistant Professor, August 2014 - present

The Ohio State University College of Medicine

Institute for Behavioral Medicine Research
Postdoctoral training in psychoneuroimmunology, August 2011 – July 2014
Primary mentor: Janice Kiecolt-Glaser, Ph.D.

University of California Santa Barbara

Department of Psychological and Brain Sciences
Ph.D. in Social Psychology, September 2011
Quantitative Methods in the Social Sciences emphasis
Certificate in College and University Teaching
Primary mentor: Nancy Collins, Ph.D.

SUNY University at Buffalo

Psychology Department
B.A. in Psychology, May 2004

FELLOWSHIPS, AWARDS, AND HONORS

UD Undergraduate Advising Award recipient, April 2017
UD Excellence in Teaching Award nominee; 2015-2016
Association for Psychological Science, Rising Star award recipient; Dec 2015
NIH Loan Repayment Program award recipient; 2015-2017
OSU IBMR Oral Presentation Competition, honorable mention; May 2013 and April 2014
American Psychosomatic Society young investigator colloquium scholar; March 2013
Charles G. McClintock Graduate Fellowship in Social Psychology; June 2011
Broida-Hirschfelder Women in Sciences and Engineering Fellow; Fall 2010
McNair Graduate Research Fellow; 2008-2009 and 2010-2011
SPSP travel award; November 2010
SPSP diversity travel award; November 2010
Society for Psychophysiological Research travel award; August 2010
APA/APF Ungerleider/Zimbardo travel award; May 2010
National Science Foundation Graduate Research Fellow; 2005-2008
UCSB graduate division travel award; January 2007 and March 2008
APA Advanced Training Institute in Web-based Research travel award; July 2007
SPSP graduate poster award competition, runner-up; January 2007
Buffalo Federation of Women's Clubs Scholarship; September 2003-August 2004

RESEARCH

RESEARCH INTERESTS

I utilize a social psychological approach to understand the effects that social disconnection has on motivation, physiology, and health, particularly among cancer survivors. My expertise lies at the interface between physiology and psychology with a specialization in psychoneuroimmunology and psychoneuroendocrinology.

RESEARCH GRANTS

Delaware INBRE Pilot Project Grant through NIH P20 GM103446; 2017-2019
UD ADVANCE Mini-grant for women in the sciences; 2016
American Psychological Foundation David H. and Beverly A. Barlow grant; 2015-2016
UD Research Foundation grant; 2015-2017
UD General University Research grant; 2015-2017
American Cancer Society postdoctoral fellowship grant PF-12-040-01-CPPB; Jan 2012-July 2014
Pelotonia postdoctoral fellowship grant; August 2011-July 2013
APS Student Council Student grant; December 2010
Psi Chi graduate research grant; August 2010
UCSB Sciences and Engineering research grant; May 2010
APA Basic Psychological Science research grant; December 2009

PUBLICATIONS

Jaremka, L.M., & Beveridge, R.M. (in press). Family social support. In *Encyclopedia of Behavioral Medicine*, 2nd edition. New York, NY: Springer.

Beveridge, R.M., & **Jaremka, L.M.** (in press). Family Relationships. In *Encyclopedia of Behavioral Medicine*, 2nd edition. New York, NY: Springer.

Wilson, S.J., **Jaremka, L.M.**, Fagundes, C.P., Andridge, R.R., Peng, J., Malarkey, W.B., Habash, D., Belury, M.A., & Kiecolt-Glaser, J.K. (2017). Shortened sleep fuels inflammatory responses to marital conflict: Regulatory strategies mitigate inflammatory risk. *Psychoneuroendocrinology*, 79, 74–83. doi: 10.1016/j.psyneuen.2017.02.015

Jaremka, L.M., Sunami, N., & Nadzan, M.A. (2017). Eating moderates the link between body mass index and perceived social connection. *Appetite*, 112, 124–132. doi: 10.1016/j.appet.2017.01.016

Jaremka, L.M., & Collins, N.L. (2017). Cortisol increases in response to brief social exchanges with opposite sex partners. *Biological Psychology*, 124, 39–46. doi: 10.1016/j.biopsycho.2017.01.001

LeRoy A.S., Murdock, K.W., **Jaremka L.M.**, Loyal, A., & Fagundes, C.P. (2017). Loneliness predicts self-reported cold symptoms after a viral challenge. *Health Psychology*. 36, 512-520. doi:

10.1037/hea0000467

Jaremka, L.M. (2017). Close relationships, immune function, and health: Understanding the clinical importance of distressed relationships. Invited chapter for J. Fitzgerald (Ed.), *Foundations for Couples' Therapy: Research for the Real World*. Routledge.

Jaremka, L.M., Belury, M.A., Andridge, R.R., Lindgren, M.E., Habash, D., Malarkey, W.B., Kiecolt-Glaser, J.K. (2016). Novel links between troubled marriages and appetite regulation: Marital distress, ghrelin, and diet quality. *Clinical Psychological Science*, 4, 363-375.

Jaremka, L.M., Fagundes, C.P., Peng, J., Belury, M.A., Andridge, R.R., Malarkey, W.B., & Kiecolt-Glaser, J.K. (2015). Loneliness predicts postprandial ghrelin and hunger in women, *Hormones and Behavior*, 70, 57-63. doi: 10.1016/j.yhbeh.2015.01.011

Derry, H.M., **Jaremka, L.M.**, Bennett, J.M., Peng, J., Andridge, R., Shapiro, C., Malarkey, W.B., Emery, C.F., Layman, R., Mrozek, E., Glaser, R., & Kiecolt-Glaser, J.K. (2015). Yoga and self-reported cognitive problems in breast cancer survivors: A randomized controlled trial, *Psycho-Oncology*, 24, 958–966. doi: 10.1002/pon.3707.

Kiecolt-Glaser, J.K., **Jaremka, L.M.**, Andridge, R.R., Peng, J., Habash, D., Fagundes, C.P., Glaser, R., Malarkey, W.B., & Belury, M.A. (2015). Marital discord, past depression, and metabolic responses to high-fat meals: Interpersonal pathways to obesity, *Psychoneuroendocrinology*, 52, 239-250. doi: 10.1016/j.psyneuen.2014.11.018

Jaremka, L.M., Peng, J., Bornstein, R., Alfano, C.M., Andridge, R.R., Povoski, S.P., Lipari, A.M., Agnese, D.M., Farrar, W.B., Yee, L.D., Carson III, W.E., & Kiecolt-Glaser, J.K. (2014). Cognitive problems among breast cancer survivors: Loneliness enhances risk. *Psycho-oncology*, 23(12), 1356-1364. doi: 10.1002/pon.3544

Jaremka, L.M., Derry, H.M., Bornstein, R., Peng, J., Belury, M.A., Andridge, R.R., Malarkey, W.B. & Kiecolt-Glaser, J.K. (2014). Omega-3 supplementation and loneliness-related cognitive problems: Secondary analyses of a randomized controlled trial. *Psychosomatic Medicine*, 76, 650-658. doi: 10.1097/PSY.000000000000104

Fagundes, C.P., **Jaremka, L.M.**, Malarkey, W.B., & Kiecolt-Glaser, J.K. (2014). Attachment style and respiratory sinus arrhythmia predict post-treatment quality of life in breast cancer survivors. *Psycho-oncology*, 23, 820-826. doi: 10.1002/pon.3492

Fagundes, C.P., **Jaremka, L.M.**, Glaser, R., Alfano, C.M., Povoski, S.P., Lipari, A.M., Agnese, D.M., Yee, L.D., Carson III, W.E., Farrar, W.B., Malarkey, W.B., Chen, M., & Kiecolt-Glaser, J.K. (2014). Attachment anxiety is related to Epstein-Barr virus latency. *Brain, Behavior, and Immunity*, 41, 232-238. doi: 10.1016/j.bbi.2014.04.002

Jaremka, L.M., Belury, M.A., Malarkey, W.B., Glaser, R., Christian, L., Emery, C.F., & Kiecolt-Glaser, J.K. (2014). Interpersonal stressors predict ghrelin and leptin levels in women. *Psychoneuroendocrinology*, 48, 178-188. doi: 10.1016/j.psyneuen.2014.06.018

Jaremka, L.M., Andridge, R.R., Fagundes, C.P., Alfano, C.M., Povoski, S.P., Lipari, A.M.,

Agnese, D.M., Arnold, M.W., Farrar, W.B., Yee, L.D. Carson III, W.E., Bekaii-Saab, T., Martin Jr, E.W., Schmidt, C.R., & Kiecolt-Glaser, J.K. (2014). Pain, depression, and fatigue: Loneliness as a longitudinal risk factor. *Health Psychology*, 33(9), 948-957. doi: 10.1037/a0034012

Kiecolt-Glaser, J.K., **Jaremka, L.M.**, & Hughes, S. (2014). Psychiatry and social nutritional neuroscience. *World Psychiatry*, 13(2), 151-152. doi: 0.1002/wps.20127.

Jaremka, L.M., Derry, H., & Kiecolt-Glaser, J.K. (2014). Psychoneuroimmunology of interpersonal relationships: Both the presence/absence of social ties and relationship quality matter. Invited chapter for D. I. Mostofsky (Ed.), *Handbook of Behavioral Medicine* (Vol 2). John Wiley & Sons, Inc.: Hoboken, NJ

Hughes, S., **Jaremka, L.M.**, Alfano, C.M., Glaser, R., Povoski, S.P., Lipari, A.M., Agnese, D.M., Farrar, W.B., Yee, L.D., Carson III, W.E., Malarkey, W.B., & Kiecolt-Glaser, J.K. (2014). Social support predicts inflammation, pain, and depression: Longitudinal relationships among breast cancer survivors. *Psychoneuroendocrinology*, 42, 38-44. doi: 10.1016/j.psyneuen.2013.12.016

Kiecolt-Glaser, J.K., **Jaremka, L.M.**, Derry, H. & Glaser, R. (2013). Telomere length: A marker of disease susceptibility? *Brain, Behavior, and Immunity*, 34, 29-30. doi: 10.1016/j.bbi.2013.08.004

Jaremka, L.M., Glaser, R., Malarkey, W.B., & Kiecolt-Glaser, J.K. (2013). Marital distress prospectively predicts poorer cellular immune function. *Psychoneuroendocrinology*, 38(11), 2713-2719. doi: 10.1016/j.psyneuen.2013.06.031

Jaremka, L.M., Fagundes, C.P., Peng, J., Bennett J.M., Glaser, R., Malarkey, W.B., & Kiecolt-Glaser, J.K. (2013). Loneliness promotes inflammation during acute stress. *Psychological Science*, 24(7), 1089-1097. doi: 10.1177/0956797612464059

Jaremka, L.M., Lindgren, M.E., & Kiecolt-Glaser, J.K. (2013). Synergistic relationships among stress, depression, and troubled relationships: Insights from Psychoneuroimmunology. *Depression and Anxiety*, 30(4), 288-296. doi: 10.1002/da.22078

Jaremka, L.M., Fagundes, C.P., Glaser, R., Bennett J.M., Malarkey, W.B., & Kiecolt-Glaser, J.K. (2013). Loneliness predicts pain, depression, and fatigue: Understanding the role of immune dysregulation. *Psychoneuroendocrinology*, 38, 1310-1317. doi:10.1016/j.psyneuen.2012.11.016

Jaremka, L.M., Glaser, R., Loving, T.J., Malarkey, W.B., Stowell, J.R., & Kiecolt-Glaser, J.K. (2013). Attachment anxiety is linked to alterations in cortisol production and cellular immunity. *Psychological Science*, 24(3), 272-279. doi: 10.1177/0956797612452571

Jaremka, L.M., Bunyan, D.P., Collins, N.L., & Sherman, D.K. (2011). Reducing defensive distancing: Self-affirmation and risk regulation in response to relationship threats. *Journal of Experimental Social Psychology*. 47, 264-268. doi: 10.1016/j.jesp.2010.08.015

Jaremka, L.M., Gabriel, S., & Carvallo, M. (2011). What makes us feel the best also makes us feel the worst: The emotional impact of independent and interdependent experiences. *Self and Identity*, 10, 44-63. doi: 10.1080/15298860903513881

Sherman, D.K., Bunyan, D.P., Creswell, D.J., & **Jaremka, L.M.** (2009). Psychological vulnerability and stress: The long-term effects of self-affirmation on sympathetic nervous system responses to naturalistic stressors. *Health Psychology, 28*, 554-562. doi: 10.1037/a0014663

Collins, N.L., & **Jaremka, L.M.** (2009). Helping behaviors. In Harry T. Reis & Susan Sprecher (Eds.), *Encyclopedia of Human Relationships*. Sage: Thousand Oaks, CA

Gabriel, S., Carvallo, M., **Jaremka, L.M.**, & Tippin, B. (2008). A friend is a present you give to your “self”: Comfort with intimacy moderates the effects of friends on self-liking. *Journal of Experimental and Social Psychology, 44*, 330-343. doi: 10.1016/j.jesp.2007.07.008

Kane, H.S., **Jaremka, L.M.**, Guichard, A., Ford, M., Collins, N.L., & Feeney, B.C. (2007). Feeling supported and feeling satisfied: How one partner’s attachment style predicts the other partner’s perceived support, felt security, and relationship satisfaction. *Journal of Social and Personal Relationships, 24*, 535-556. doi: 10.1177/0265407507079245

MANUSCRIPTS UNDER REVIEW

Sunami, N., Nadzan, M.A., & **Jaremka, L.M.** (under review). The bi-dimensional rejection taxonomy: Organizing responses to social rejection along antisocial–prosocial and direct–indirect dimensions. *Psychological Review*.

Jaremka, L.M., Sunami, N., Nadzan, M.A. (under review). Loneliness amplifies age-related differences in diurnal cortisol production. *Psychoneuroendocrinology*.

MANUSCRIPTS IN PREPARATION

Jaremka, L.M. (in preparation). Understanding the links between social and physical hunger.

Nadzan, M.A., Sunami, N., & **Jaremka, L.M.** (in preparation). Perceived partner responsiveness as a diagnostic indicator of romantic relationship security.

Sunami, N., Nadzan, M.A., & **Jaremka, L.M.** (in preparation). Attempted replication of the perceived likelihood of fulfilling belonging hypothesis.

CHAired SYMPOSIA

Jaremka, L.M. (chair, speaker), Collins, N.L. (co-chair), Finkel, E.J. (speaker), Bartz, J.A. (speaker), & DeWall, C.N. (speaker). (September 2013). *The psychophysiology of social connection and exclusion: Social psychology at the cutting edge*. Symposium presented at the Society for Experimental Social Psychology’s annual conference, Berkeley, CA.

Jaremka, L.M. (chair, speaker), Kemeny, M.E. (speaker), Way, B. (speaker), & Eisenberger, N.I. (speaker). (January 2013). *Biological underpinnings of social interaction: Interdisciplinary approaches*. Symposium presented at the Society for Personality and Social Psychology’s 14th annual conference, New Orleans, LA.

Jaremka, L.M. (chair, speaker), Ayduk, A. (speaker), MacDonald, G. (speaker), & Pickett, C. (Speaker), (January 2011). *Connect or protect? New insights into motivated responses to social exclusion*. Society for Personality and Social Psychology 12th annual conference, San Antonio, TX.

Jaremka, L.M. (chair, speaker), Dickerson, S. (speaker), Scheepers, D. (speaker), & Zayas, V. (Speaker), (January 2010). *A biopsychosocial model of threats to social belonging: Perspectives from across the spectrum of social psychology*. Society for Personality and Social Psychology 11th annual conference, Las Vegas, NV.

Jaremka, L.M. (chair, speaker), Chen, J. (speaker), Coan, J. (speaker), & Poulin, M (speaker), (November 2009). *The kaleidoscope of social support: Interdisciplinary perspectives on social support processes in close relationships*. International Association of Relationship Research conference, Lawrence, KS.

INVITED TALKS

Jaremka, L.M. (April 2017). *Physiological mechanisms linking social disconnection to poor health*. Invited talk at the SUNY University at Buffalo social brown bag, Buffalo, NY.

Jaremka, L.M. (May 2016). *Novel mechanisms linking distressed relationships to longer-term health problems*. Invited talk to be presented at the annual Midwestern Psychological Association conference, Chicago, IL.

Jaremka, L.M. (September 2015). *Loneliness, appetite dysregulation, and food intake among breast cancer survivors*. Invited talk at the Helen F. Graham Cancer Center & Research Institute, Newark, DE.

Jaremka, L.M., Fagundes, C.P., Peng, J., Belury, M.A, Andridge, R.R., Malarkey, W.B., & Kiecolt-Glaser, J.K. (March 2015). *Loneliness predicts postprandial ghrelin and hunger in women*. Invited for oral presentation based on conference submissions at the 73rd annual American Psychosomatic Society conference, Savannah, GA.

Jaremka, L.M. (September 2014). *Loneliness and the pain, depression, and fatigue symptom cluster: Immune dysregulation as a potential mechanism*. Invited talk at the Society for Research in Psychopathology conference; Evanston, IL.

Jaremka, L.M. (October 2013). *Threats to belonging: Consequences for immune and endocrine function*. Invited talk at the Ohio State University; Group on Attitudes and Persuasion.

Jaremka, L.M. (March 2013). *Loneliness: A Psychoneuroimmunological approach*. Invited talk at the University of Illinois at Urbana-Champaign; Center on Health, Aging, and Disability.

OTHER PROFESSIONAL TALKS

Jaremka, L.M. (June 2017). *Food well-being research and public policy: What have we accomplished, and what still needs to be done?* Invited panel member for special session during the 2017 American Marketing Association's Marketing and Public Policy Conference, Washington, D.C.

Jaremka, L.M. (March 2016) *Novel evidence linking social disconnection to appetite regulation and diet*. Oral presentation at the 73rd annual American Psychosomatic Society conference, Denver, CO.

Jaremka, L.M., Belury, M.A., Andridge, R.R., Malarkey, W.B., Lindgren, M.E., Habash, D., & Kiecolt-Glaser, J.K. (January 2016). *Novel links between troubled marriages and appetite regulation*. Oral presentation at the 17th annual Society for Personality and Social Psychology conference, San Diego, CA.

Jaremka, L.M., Belury, M.A., Malarkey, W.B., Glaser, R., Christian, L., Emery, C.F., & Kiecolt-Glaser, J.K. (April 2014). *Interpersonal stressors predict ghrelin and leptin levels in women*. Oral presentation at the annual OSUMC IBMR Research day, Columbus, OH.

Jaremka, L.M., Glaser, R., & Kiecolt-Glaser, J.K. (February 2014). *The immunological consequences of threats to belonging*. Oral presentation at the 15th annual Society for Personality and Social Psychology conference, Austin, TX.

Jaremka, L.M. & Collins, N.L. (September 2013). *Threats to belonging: Social and neuroendocrine responses*. Oral presentation at the annual Society for Experimental Social Psychology conference, Berkeley, CA.

Jaremka, L.M., Fagundes, C.P., Peng, J., Bennett J.M., Glaser, R., Malarkey, W.B., & Kiecolt-Glaser, J.K. (May 2013). *Loneliness promotes inflammation during acute stress*. Oral presentation at the annual OSUMC IBMR Research day, Columbus, OH.

Jaremka, L.M., Fagundes, C.P., Peng, J., Bennett, J.M., Glaser, R., Malarkey, W.B., & Kiecolt-Glaser, J.K. (January 2013). *Loneliness and immune dysregulation: A Psychoneuroimmunological approach*. Oral presentation at the 14th annual Society for Personality and Social Psychology conference, New Orleans, LA.

Jaremka, L.M., Major, B.N., & Collins, N.L. (January 2011). *An intergroup perspective on the need to belong*. Oral presentation at the 12th annual Society for Personality and Social Psychology conference, San Antonio, TX.

Jaremka, L.M., & Collins, N.L. (January 2010). *The effects of inhibiting attention to rejection information on responses to negative feedback from a romantic partner*. Oral datablitz presentation at the Close Relationships Preconference for the 11th annual Society for Personality and Social Psychology conference, Las Vegas, NV.

Jaremka, L.M., Collins, N.L., & Kane, H.S. (January 2010). *Social support as a moderator of the physiological response to a threat to social belonging*. Oral presentation at the 11th annual Society for Personality and Social Psychology conference, Las Vegas, NV.

Jaremka, L.M., Collins, N.L., & Kane, H.S. (November 2009). *The effects of social support on stress hormones and relationship outcomes*. Oral presentation at the annual International Association for Relationships Research conference, Lawrence, KS.

Jaremka, L.M., Collins, N.L., & Kane, H.S. (May 2009). *A safe haven: Social support and caregiving processes in couples*. Oral presentation at the 21st annual American Psychological Society conference, San Francisco, CA.

Jaremka, L.M., Collins, N.L., Bunyan, D.P., & Sherman, D.S. (February 2009). *Through the looking glass darkly – always? How self-affirmation may stop self-doubts from becoming relationship insecurities*. Oral presentation at the 10th annual Society for Personality and Social Psychology conference, Tampa, FL.

Jaremka, L.M., Collins, N.L., Kane, H.S., Guichard, A., & Ford, M. (April 2008). *How do I know you love me? Let me count the ways: How perceived responsiveness predicts felt security in romantic relationships*. Oral presentation at the 88th annual Western Psychological Association conference, Irvine, CA.

Jaremka, L.M., Collins, N.L., Kane, H.S., Guichard, A., & Ford, M. (June 2007). *How do I know you love me? Let me count the ways: How perceived responsiveness predicts felt security in romantic relationships*. Oral presentation at the annual University of California Santa Barbara Psychology Department Mini-convention, Santa Barbara, CA.

Jaremka, L.M., Gabriel, S., & Carvallo, M. (May 2005). *Are we as independent as we think? Evidence for the primacy of our interdependent needs among college students*. Oral presentation at the 77th annual Midwestern Psychological Association conference, Chicago, IL.

MENTEE'S TALKS AND POSTERS (STUDENT DENOTED WITH *)

McCann, J.*, Nadzan, M.A.*, Sunami, N.*, **Jaremka, L.M.** (March 2017). *Does eating moderate the link between body mass index and perceived social connection?* Poster presented at the Undergraduate Poster Day at UD, Newark, DE.

McCann, J.*, Wiener, C.*, Nadzan, M.A.*, Sunami, N.*, **Jaremka, L.M.** (March 2017). *Eating moderates the link between body mass index and perceived social connection*. Poster presented at the Mid-Atlantic Undergraduate Psychology Conference, Bel Air, MD.

Nadzan, M.A.*, **Jaremka, L.M.,** & Sunami, N.* (January 2017). *Eating moderates the link between body mass index and perceived social connection*. Poster presented at the 17th annual Society for Personality and Social Psychology Annual Convention, San Antonio, TX.

Sunami, N.*, Nadzan, M.A.*, & **Jaremka, L.M.** (January 2017). *Social acceptance satisfies belonging when it's from a desired person*. Poster presented at the 17th annual Society for Personality and Social Psychology Annual Convention, San Antonio, TX.

Hyde, E.*, & **Jaremka, L.M.** (November 2016). *Social support and inflammation*. Poster presented at the UD Research Foundation's Summer Experience for Undergraduates Conference, Newark, DE.

Harvey, M.*, & **Jaremka, L.M.** (May 2016). *The effects of body mass index (BMI) and eating on relationship perceptions*. Senior thesis presented for thesis committee, Newark, DE.

Nadzan, M.A.*, Bernstein, M.J., & **Jaremka, L.M.** (May 2016). *Social rejection predicts improved cognitive performance*. Poster presented at the 88th annual meeting of the Midwestern Psychological Association, Chicago, IL.

Sunami, N.*, & **Jaremka, L.M.** (March 2016). *Relationship well-being predicts dietary intake among men*. Poster to be presented at the 74th annual American Psychosomatic Association conference, Denver, CO.

Harvey, M.*, & **Jaremka, L.M.** (August 2015). *Ice cream after a breakup: rejection, hormones, and eating habits*. Oral presentation at the 2015 Summer Scholars conference, Newark, DE.

OTHER PROFESSIONAL PRESENTATIONS (POSTER OR CO-AUTHOR ON TALK)

Jaremka, L.M. (April 2017). *Appetite regulation and food intake: Novel mechanisms linking marital distress to cardiovascular risk*. Poster presented at the Delaware IDeA Network of Biomedical Research Excellence executive advisory council meeting. Newark, DE.

Lynch, B.P., vanDellen, M.R., **Jaremka, L.**, & Fitzsimons, G. (January 2017). *The downshifting hypothesis: How self-efficacy influences social-handicapping*. Poster presented at the 17th annual Society for Personality and Social Psychology Annual Convention, San Antonio, TX.

Miller, T.J., Otten, M.P., Rutchick, Pleskus, L., **Jaremka, L.**, & Rutchick, A.M. (February 2015). *Grit predicts lower stress and healthier behavior*. Poster presented at the 16th annual Society for Personality and Social Psychology conference, Long Beach, CA.

Kiecolt-Glaser, J.K., **Jaremka, L.M.**, Andridge, R., Peng, J., Habash, D., Malarkey, W.B., & Belury, M.A. (October 2014). *Marital discord, depression, and metabolic responses to high-fat meals: How troubled marriages promote obesity*. Oral presentation at the annual Society for Experimental Social Psychology conference, Columbus, OH.

Jaremka, L.M., Belury, M.A, Malarkey, W.B., Glaser, R., Christian, L., Emery, C.F., & Kiecolt-Glaser, J.K. (April 2014). *Interpersonal tension predicts appetite hormone levels*. Poster presented at the annual OSUMC IBMR Research day, Columbus, OH.

Derry, H.M., Bennett, J.M., **Jaremka, L.M.**, Peng, J., Andridge, R., Shapiro, C., Malarkey, W.B., Emery, C.F., Layman, R., Mrozek, E., & Kiecolt-Glaser, J.K. (April 2014). *Yoga and self-reported cognitive problems: A randomized controlled trial for breast cancer survivors*. Poster presented at the annual OSUMC IBMR Research day, Columbus, OH.

Jaremka, L.M., Belury, M.A, Malarkey, W.B., Glaser, R., Christian, L., Emery, C.F., & Kiecolt-Glaser, J.K. (March 2014). *Relationship distress predicts hunger-related hormone levels*. Poster presented at the 72nd annual American Psychosomatic Society conference, San Francisco, CA.

Fagundes, C.P., **Jaremka, L.M.**, Glaser, R., Povoski, S.P., Lipari, A.M., Agnese, D.M., Yee, L.D., Carson III, W.E., Farrar, W.B., Malarkey, W.B., Chen, M., & Kiecolt-Glaser, J.K. (March 2014). *Attachment anxiety is related to Epstein-Barr virus latency while undergoing testing for breast or colon cancer, as well as one year later*. Poster presented at the 72nd annual American Psychosomatic Society conference, San Francisco, CA.

Hussain, M.A., **Jaremka, L.M.**, Bennett, J.M., Fagundes, C.P., Malarkey, W.B., Emery, C.F., & Kiecolt-Glaser, J.K. (March 2014). *Syndromal depression, intrusive thoughts, and heart rate variability among cancer survivors*. Poster presented at the 72nd annual American Psychosomatic Society conference, San Francisco, CA.

Derry, H.M., Bennett, J.M., **Jaremka, L.M.**, Peng, J., Andridge, R., Shapiro, C., Malarkey, W.B., Emery, C.F., Layman, R., Mrozek, E., & Kiecolt-Glaser, J.K. (March 2014). *Yoga and self-reported cognitive problems: A randomized controlled trial for breast cancer survivors*. Poster presented at the 72nd annual American Psychosomatic Society conference, San Francisco, CA.

Jaremka, L.M., Fagundes, C.P., Peng, J., Bennett J.M., Glaser, R., Malarkey, W.B., & Kiecolt-Glaser, J.K. (May 2013). *Loneliness promotes inflammation during acute stress*. Poster presented at the annual OSUMC IBMR Research day, Columbus, OH.

Hughes, S., **Jaremka, L.M.**, & Kiecolt-Glaser, J.K. (May 2013). *Social support predicts pretreatment to posttreatment changes in depression, pain, and IL-6 among breast cancer patients*. Poster presented at the annual OSUMC IBMR Research day, Columbus, OH.

Hussain, M., Kiecolt-Glaser, J.K., **Jaremka, L.M.**, Fagundes, C.P. (May 2013). *An investigation into the link between heart rate variability and intrusive thoughts: Implications for breast cancer survivors*. Poster presented at the 25th annual Midwestern Psychological Association conference, Washington, DC.

Jaremka, L.M., Fagundes, C.P., Glaser, R., Bennett, J.M., Malarkey, W.B., & Kiecolt-Glaser, J.K. (March 2013). *Loneliness predicts pain, depression, and fatigue: Understanding the role of immune dysregulation*. Poster presented at the 71st annual American Psychosomatic Society conference, Miami, FL.

Fagundes, C.P., **Jaremka, L.M.**, Peng, J., Glaser, R., Malarkey, W.B., Kiecolt-Glaser, J.K. (March 2013). *Socioeconomic status is associated with leptin and adiponectin in breast cancer survivors: Implications for health disparities*. Poster presented at the 71st annual American Psychosomatic Society conference, Miami, FL.

Derry, H., **Jaremka, L.M.**, & Kiecolt-Glaser, J.K. (March 2013). *Marital quality: Cancer-related intrusive thoughts as a longitudinal risk factor*. Poster presented at the 34th annual Society for Behavioral Medicine conference, San Francisco, CA.

Jaremka, L.M., Glaser, R., Loving, T.J., Malarkey, W.B., Stowell, J.R., & Kiecolt-Glaser, J.K. (June 2012). *Anxiety about relationships is linked to alterations in cortisol production and cellular immunity*. Poster presented at the 19th annual Psychoneuroimmunology Research Society conference, San Diego, CA.

Jaremka, L.M., Glaser, R., Loving, T.J., Malarkey, W.B., Stowell, J.R., & Kiecolt-Glaser, J.K. (March 2012). *Anxiety about relationships is linked to alterations in cortisol production and cellular immunity*. Poster presented at the annual Ohio State University Institute for Behavioral Medicine Research conference, Columbus, OH.

Jaremka, L.J., & Kiecolt-Glaser, J.K. (March 2012). *Loneliness is a risk factor for the pain, depression, and fatigue symptom cluster*. Poster presented at the 14th annual Ohio State University Comprehensive Cancer Center conference, Columbus, OH.

Jaremka, L.J., & Collins, N.L. (January 2012). *Connect or protect: Neuroendocrine and social responses to interpersonal rejection*. Poster presented at the 13th annual Society for Personality and Social Psychology conference, San Diego, CA.

Jaremka, L.M., Collins, N.L., Kane, H.S. (October 2010). *How do I know you love me? Social support as a diagnostic indicator of relationship security*. Informal presentation at the annual Society for Experimental Social Psychology conference, Minneapolis, MN.

Jaremka, L.M., Kane, H.S., & Collins, N.L. (September 2010). *Social support as a moderator of cortisol reactivity in response to social-evaluative threat*. Poster presented at the 50th annual Society for Psychophysiological Research conference, Portland, OR.

Jaremka, L.M., Bunyan, D.P., Collins, N.L., & Sherman, D.K. (August 2010). *Self-affirmation as a buffer against relationship-based threats*. Poster presented at the 118th annual American Psychological Association conference, San Diego, CA.

Kane, H.S., Jaremka, L.M., & Collins, N.L. (March 2010). *A safe haven: Responsive social support buffers cortisol reactivity and improves psychosocial responses to stress*. Poster presented at the annual American Psychosomatic Society conference, Portland, OR.

Collins, N.L., Kane, H.S., & Jaremka, L.M. (January 2010). *A safe haven: Responsive support promotes well-being and facilitates secure attachment processes in couples*. Oral presentation at the Close Relationships Preconference of the 11th annual Society for Personality and Social Psychology conference, Las Vegas, NV.

Jaremka, L.M., Kane, H.S., & Collins, N.L. (May 2009). *Social support as a moderator of the physiological stress response*. Poster presented at the 21st annual American Psychological Society conference, San Francisco, CA.

Collins, N.L., Jaremka, L.M., & Kane, H. (October 2008). *Feeling supported and feeling secure: Responsive caregiving promotes feelings of security in intimate relationships*. Oral presentation at the annual Society for Experimental and Social Psychology conference, Sacramento, CA.

Collins, N.L., Kane, H., Jaremka, L.M., Guichard, A., & Ford, M. (July 2008). *Will you be there when I need you? Perceived partner responsiveness regulates support-seeking motivations, perceptions, and behavior*. Oral presentation at the annual International Association of Relationship Research conference, Providence, RI.

Jaremka, L.M., Collins, N.L., Kane, H.S., Guichard, A., & Ford, M. (2008, February). *How do I know you love me? Let me count the ways: How perceived responsiveness predicts felt security in romantic relationships*. Poster presented at the 9th annual Society for Personality and Social Psychology conference, Albuquerque, NM.

Bunyan, D.P., Sherman, D.K., Jaremka, L.M., & Creswell, J.D. (February 2008). *Reducing the*

effects of exam stress via self-affirmation. Poster presented at the 9th annual Society for Personality and Social Psychology conference, Albuquerque, NM.

Jaremka, L.M., Kane, H.S., Guichard, A., Collins, N.L, Ford, M., & Feeney, B. (January 2007). *Feeling supported and feeling satisfied: How one partner's attachment style predicts the other partner's relationship experiences.* Poster presented at the 8th annual Society for Personality and Social Psychology conference, Memphis, TN.

Collins, N.L., Kane, H., Guichard, A., Ford, M., & **Jaremka, L.M.** (January 2007). *Will you be there when I need you? Perceived partner responsiveness regulates support-seeking behavior and perceptions in couples.* Poster presented at the 8th annual Society for Personality and Social Psychology conference, Memphis, TN.

Jaremka, L.M., Kane, H.S., Guichard, A., Collins, N.L., Ford, M., & Feeney, B. (October 2006). *Feeling supported and feeling satisfied: How one partner's attachment style predicts the other partner's relationship experiences.* Poster presented at the New Methods for the Analysis of Family and Dyadic Processes conference, Amherst, MA.

Jaremka, L.M., Carvallo, M., & Gabriel, S. (January 2006). *Why do we care about the independent self? Evidence that traits and attributes have social utility.* Poster presented at the 7th annual Society for Personality and Social Psychology conference, Palm Springs, CA.

Jaremka, L.M., Gabriel, S, & Carvallo, M. (March 2005). *Are we as independent as we think? Evidence for the primacy of our interdependent needs among college students.* Poster presented at the 76th annual Eastern Psychological Association conference, Boston, MA.

Jaremka, L.M., Gabriel, S, & Carvallo, M. (April 2004). *How important is the need to belong? The primacy of the need to belong in emotional experiences.* Poster presented at the annual Sigma Xi conference, Buffalo, NY.

Jaremka, L.M., Miller, L.M., & Beck, J.G. (July 2003). *PTSD, anger and romantic relationship functioning among motor vehicle accident survivors.* Poster presented at the annual McNair Scholars conference, Tera Haute, IN.

Jaremka, L.M., Miller, L.M., & Beck, J.G. (July 2003). *PTSD and romantic relationship functioning among motor vehicle accident survivors.* Poster presented at the annual McNair Scholars conference, Buffalo, NY.

SERVICE AND OUTREACH

PROFESSIONAL SERVICE

SPSP Program Convention Committee; 3-year member; Jan 2017 - present
 Relationships Research Interest Group; preconference organization committee; 2016 - present
 Social Personality and Health Network Virtual Brown Bag organizer; 2016 - present
 NIH SPIP Scientific Review Group Early Investigator member; Oct 2016 meeting
 APA Convention science-oriented student programming (sponsored by the APASSC); 2010

APA Science Student Council (APASSC) – national representative for Social; 2007-2009
 APA Convention science-oriented student programming (sponsored by the APASSC); 2009
 APA Convention science-oriented student programming (sponsored by the APASSC); 2008
 Psychological Science Agenda author; APA Science Directorate newsletter; 2008
 Invited participant at the APA Science Leadership Conference; Oct. 2008
 Invited participant at the APA governance groups consolidated meetings; Sept. 2008
 Eastern Psychological Association Steering Committee member; Oct. 2004-Oct. 2005

UNIVERSITY SERVICE

UD Diversity Committee; Dec 2016 - present
 UD Quantitative Committee; Aug. 2014 - present
 UD Graduate Committee; January 2016 – Aug 2016
 UD Selection/Interview Committee for McNair Scholars Program; February 2016
 UCSB Affirmative Action Committee student representative; July 2010-Aug. 2011
 UCSB Social Psychology Area Shared Facilities Lab Manager; 2009-Aug. 2011
 UCSB Graduate Affairs Committee student representative; June 2009-July 2010
 UCSB Mini-convention Graduate Research Conference organizer; May 2008
 UCSB Graduate Executive Committee representative; Sept. 2005-Sept. 2007
 SUNY University at Buffalo Graduation Committee member; Sept. 2003-May 2004
 SUNY University at Buffalo Faculty/Senate Committee member; Sept. 2002-May 2004
 SUNY University at Buffalo Leadership Peer Educator; Jan. 2004-May 2004

EDITORIAL BOARD OR CONSULTING EDITORIAL BOARD MEMBER

Personality and Social Psychology Bulletin (Jan. 2017 – present)
 Self and Identity (Jan. 2016 – present)
 Journal of Personality and Social Psychology (Oct. 2015 – present)
 Social Psychological and Personality Science (Jan. 2013 – Nov. 2015)

AD-HOC REVIEWING - JOURNALS

Psychological Science
 Personality and Social Psychology Bulletin
 Perspectives on Psychological Science
 Journal of Experimental Social Psychology
 Journal of Social and Personal Relationships
 Journal of Research in Personality
 Journal of Personality
 Personal Relationships
 PLOS ONE
 Psycho-oncology
 Health Psychology
 Psychoneuroendocrinology
 Psychosomatic Medicine
 Brain, Behavior, and Immunity
 Hormones and Behavior
 Psychophysiology

Appetite
 Journal of Psychosomatic Research
 Psychology and Health
 International Journal of Behavioral Medicine
 Journal of Gerontology: Psychological Sciences
 Journal of Gerontology: Social Sciences
 Journal of Pain and Symptom Management
 Aging and Mental Health
 Journal of Family Theory and Review
 Psychology of Popular Media Culture
 Emotion

AD-HOC REVIEWING – OTHER

SPSP Symposium Review Committee; 2016
 SPSP Poster Review Committee; 2015
 American Psychosomatic Society (APS) Poster Review Committee; 2015
 IBMR Research Day Poster Award Committee; 2011
 SPSP Student Poster Award Committee; 2010
 International Association for Relationships Research (IARR) Poster Review Committee; 2009
 APA Early Graduate Student Researcher Award Committee

COMMUNITY AND OUTREACH

Invited speaker at “The Diversity Summit” sponsored by the Office of Equity & Inclusion and the Office of Professional and Continuing Studies at UD; June 2017

Invited panel member for the Delaware IDeA Network of Biomedical Research Excellence (INBRE) retreat for summer undergraduate scholars; June 2017

Co-organized with an undergraduate student: “Dinner with Friends: Discussions of Race, Gender, and Class”; May 2017

Organized a group bus trip for UD faculty and students to the March for Science in Washington DC; April 2017

Co-organized with an undergraduate student: “Dinner with Friends: Discussions of Race, Gender, and Class”; April 2017

Organized and hosted: “We Stand With You” demonstration of solidarity with members of under-represented groups on the UD campus; Nov. 2016

TEACHING/MENTORING

TEACHING AWARDS AND GRANTS

UD Integrative Curriculum Development grant; 2016
 UD Excellence in Teaching Award nominee; 2015-2016

TEACHER/INSTRUCTOR OF RECORD

Hierarchical Linear Modeling; Spring 2015, Spring 2016, Spring 2017
 Research Methods; Fall 2014, Fall 2015, Fall 2016
 Advanced Research Methods; Summer 2011
 Introduction to Experimental Psychology; Summer 2010
 Teaching Assistant Advisory Panel; Sept. 2006-May 2011

ADVANCED TEACHER TRAINING

Certificate in College and University Teaching; Summer 2011

Summer Teaching Institute for Associates participant; advanced training in preparation for teaching a course; Sponsored by UCSB Instructional Developmental; Spring-Summer 2010

Lead Teaching Assistant Institute participant: training on effective teaching methods and skills; Sponsored by UCSB Instructional Development; Sept. 4-6, 2008

Video consultant for student based teaching videos. Sponsored by UCSB Instructional Development; 2008-2009

Teaching Assistant Advisory Panel; year-long class about effective teaching methods; attended 1-year and co-taught 4-years; Sponsored by the UCSB Psychology Department; Fall 2005-Spring 2006

STUDENT MENTORING AND ACCOMPLISHMENTS

Megan Nadzan, PhD candidate

Naoyuki Sunami, PhD candidate; awarded "Love of Learning" grant from Phi Kappa Phi

Jesse McCann, undergraduate; UD summer scholar's program awardee

Sarah Bencivenga, undergraduate; UD summer scholar's program awardee

Emily Hyde, undergraduate; UD Summer Research Experience for Undergraduates grant recipient

Mike Harvey, undergraduate; UD summer scholar's program awardee

PROFESSIONAL REFERENCES

Janice Kiecolt-Glaser	Distinguished University Professor Psychiatry and Psychology S. Robert Davis Chair of Medicine janice.kiecolt-glaser@osumc.edu (614) 293-3499	Institute for Behavioral Medicine Research College of Medicine The Ohio State University 460 Medical Center Drive Columbus, OH 43210
Nancy Collins	Professor, Psychology ncollins@psych.ucsb.edu (805) 893-2804	Dept of Psychological and Brain Sciences University of California Santa Barbara Santa Barbara, CA 93106

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